Essence: Sweet children, this old world is now to change. Therefore, do not have love for it.

Remember your new home of heaven.

Question: What method does the Father teach all the children to make them constantly happy?

Answer: If you want to be constantly happy, belong to the one Father with your heart. Only remember the Father. The Father can never cause sorrow for His children. In heaven, no one's husband or child ever dies. This business of untimely death does not exist there. Here, Maya, Ravan, continues to make you unhappy. Baba is the Remover of Sorrow and the Bestower of

Happiness.

Song: O Mother and Father of mine, have mercy on those who are unhappy.

Om shanti. This one is the same Mother and Father and He is once again teaching Raja Yoga to make everyone constantly happy. Just as a barrister gives knowledge on how to become a barrister, so too, this unlimited Mother and Father, the Creator of heaven, now sits here and gives you children teachings on how to become the masters of heaven. There isn't any other knowledge where God sits and teaches. Here, God Himself sits and teaches you in order to make you into gods and goddesses. In the golden age, Lakshmi and Narayan are called a god and goddess. Who made them into the masters of the new world? They were the masters of the golden age. In Bharat, in the beginning of the golden age, there was the kingdom of deities. Now it is the iron age, and there is no longer the kingdom of deities. All the deities have changed and become poverty-stricken human beings. The deities were very wealthy and happy. Now, because it is the end of the iron age, all human beings are extremely unhappy. When the war begins, human beings will cry out in great distress. They will become homeless. Human beings have become orphans, because they do not know the Mother and Father who gives the happiness of heaven. You now belong to that Mother and Father. You receive limitless happiness from the Mother and Father. People who do devotion cannot be remembering God because they have pushed Him into the pebbles and stones, the cats and dogs, or they consider themselves to be God. They say that God is present in everyone. To say that God is present in impure human beings is defamation. Human beings have to make this mistake in the drama, and the Father has to come to free them from this mistake. Human beings are not able to understand that God is only One; there cannot be thousands. There are many physical fathers. Even animals have physical fathers. However, there is only one Bestower of Salvation and Purifier for all. That Father comes and teaches you children for the future. He makes you into gods and goddesses. Who could make you into gods and goddesses apart from the Supreme Father, the Supreme Soul? Since He is the Father, how could He create the world without a mother? The people of Bharat, including you, used to cry out in distress on the path of devotion: You are our Mother and Father and through Your mercy we receive limitless happiness. This is why we do devotion. When they worship someone, they think that they are remembering God. Even sannyasis make spiritual endeavour, but they don't know whom they are making spiritual endeavour for. By following Ravan's directions they have forgotten everything. So then, what can the Father do? To become so unhappy and poverty-stricken is also fixed in the drama. The Father comes once again to make you children into the masters of heaven. The One who makes you into the masters of heaven is the parlokik Mother and Father, and the one who makes you into the masters of hell is Ravan. You now have to gain victory over that Ravan. You are now becoming conquerors of Maya and of the world. You are not going to rule a kingdom in the old world. You have to gain victory over Maya and then rule the kingdom in heaven. By being defeated by Maya, you come into hell. No impure human being can explain any of these aspects, nor can he make anyone pure. The entire world is impure; they are born through poison. The deities are all virtuous, sixteen celestial degrees full. There, there is no mention of poison. No one knows who God is, and so what benefit is there in adopting a guru? They themselves are not able to meet God, so how could they enable others to meet God. Souls and the Supreme Soul have been separated for a very long time. Therefore, in order for the meeting to take place, you need the Supreme Father, the Supreme Soul, Himself. People don't even understand that this drama is about to end. This drama that continues from the beginning of the golden age to the end of the iron age has to repeat. By understanding the knowledge of this drama you become rulers of the globe. You understand how you take 84 births. This auspicious age is the leap age in which you take a final birth. Now you have to belong to the Father. The Father says: O children, belong to Me. You even say: Oh Supreme Father, Supreme Soul! You cannot say this of a worldly father. Now the Father from beyond the world says: I have come. All your maternal uncles and paternal uncles etc. are going to finish. This old world is changing, and the great Mahabharat War is ahead of you. All of those numerous religions are to be destroyed. This is the old world in which there are many religions. There is only one religion in the golden age. This world is now going to change, and so do not have love for it. When a worldly father builds a new home, his children only have the new home in their hearts. They think: When the new building is ready, we will go and sit in the new home and demolish the old one. This entire world is now to be destroyed. Children have had visions of how everything is set on fire, how there is torrential rainfall and how the ocean has such huge tidal waves. You have had visions of all of that. When Baba goes to Bombay, he explains that Bombay didn't exist before. It used to be a small village. The land was reclaimed from the sea. When history repeats, this Bombay will not be as huge as it is now. There will not be a village like Bombay in the golden age. What are those countries such as America etc.? They will all be destroyed with a single bomb. What happened when they dropped a bomb on Hiroshima? The whole city was destroyed. That was just one single bomb. They have now made many bombs. They also say that the Father has come to establish the new world. Ravan makes it old and turns it into hell. The residents of Bharat do not know this. Maya has put such a Godrej lock on everyone's intellect that it does not unlock. Human beings are very unhappy. Although the wealthy are happy, they still fall ill and become diseased, do they not? Today, a baby is born and they are happy. Tomorrow, the baby dies and they are unhappy. When someone becomes a widow, she weeps all the time. This is called the land of sorrow. Bharat was the land of happiness, now it is the old world of sorrow. The Father is again making it into the land of happiness. The Father says: Now claim your inheritance. So, for this, you definitely have to remember Him, because all bodily relations cause sorrow. You now understand that no one except the one Father can give happiness. You say: Baba, we are the same children whom You made into the masters of heaven. We are now unhappy. You are merciful. It is because you are unhappy that you call out to Me. When you become happy in the golden age, no one will call out to Me. Everyone remembers God at the time of sorrow, but no one can meet Him. For instance, a devotee remembers Hanuman. OK, where does Hanuman live? In order to go to Hanuman, where do you have to go? Human beings do devotion in order to go to the land of liberation and the land of liberation-in-life. Where would they go by remembering Hanuman or Ganesh etc.? Where do they reside? What will you receive from them? They don't know anything. The Father explains: I am the only One in the world who gives you happiness. It is not that God gives happiness and that He also causes sorrow. Nor is it that He grants a child and so gives happiness, and then takes the child away, causing sorrow. The Father says: I only give you constant happiness. It is Maya who snatches your happiness away from you. Such things as someone's child dying or someone's husband dying never happen in the golden age, whereas, here, in the iron-aged world of Maya, there is always someone or another's child or husband dying. This business does not take place in heaven; here, it is hell. Now, the Father says: If you wish to be constantly happy, belong to the Father. Now, both your soul and body are tamopradhan; it is not that the soul is immune to the effect of action. It is the soul that has alloy mixed with it. This is the reason why your jewellery has also become iron-aged. You are now taking knowledge again in order to become golden-aged. The Father comes and makes you immortal and takes you to the land of immortality. Here, it is the land of death. These words are also mentioned in the Gita. There will be no sorrow from the beginning, through the middle to the end in the land of immortality. There is sorrow from the beginning, through the middle to the end in the land of death. You have to forget such a land of sorrow and remember the land of peace and the land of happiness. We are going to the land of happiness via the land of peace, where we reside. This is also the discus of self-realization. Remember your Father and your sweet home. When a girl leaves home to go to her in-laws' home, people sing: You are going from your father's home to your in-law's home. So this is your father Brahma's home. Then you will go to heaven, to your in-laws' home. There, there is nothing but happiness, whereas here, there is only sorrow. A girl also leaves home for happiness. However, there, she is made impure and unhappy. The Father now explains: I have come to sit you in My eyes and take you to heaven. Simply, remember Me! There, you will not experience any sorrow. Children have seen how Krishna takes birth: a vision is seen beforehand. When a soul is about to leave his body, he has a vision at that time of how he will shed his body and become a prince. The soul simply leaves the body and goes and sits in the palace of a womb. There is no difficulty at the time a baby is born. There, you have only happiness in the palace of the womb. Here, the womb is a jail. Those who steal or commit crime go to the government's jail. Neither of these jails exist there. No one commits sin there. That is called the world of pure and charitable souls. The Father takes you to heaven. When people see so many making effort, they think: Why shouldn't I too claim my inheritance from the Father and become everhappy? Some do penance in an attempt to free themselves from their bondage of karma. They think: It would have been better if I hadn't had children. When some who are married come into gyan, they think: If we had known about this before, we would not have married. Many write this, but they come when their fortune opens up, and that too depends whether they like it. Tell them: Experience becoming a child of the Father for a week and if you like it, then belong to Him. Otherwise, you can go and belong to your physical mother and father. There are no fees. This is Shiv Baba's treasure-store. You are not made to buy books etc. Only the murlis are sent to you. These are the Father's treasures, so why would He take any fee! Yes, if you like it, then print literature for the poor. There is no other country as charitable as Bharat. The Father also comes and donates in Bharat. You children hand over your body, mind and wealth to the Father. You become great donors. This Baba became a great donor, did he not? Previously, you used to donate indirectly. He Himself has now come to you directly to give you the kingdom of heaven in return. It is a very inexpensive bargain, is it not? He says: Now, make others similar to yourself. Conquer the vices. Become soul conscious and consider yourself to be a soul. They sing: We came bodiless and we will return bodiless. First of all, it is deity souls that come. Then those of the second number follow. The head souls are of the deity religion. Those who come first are also the ones to leave first. They have an all-round part. All of these aspects have to be understood. If it is in your fortune, you are able to understand these aspects instantly. If it is not in your fortune, your heart is not in it. The Father says: Now remember Me. I am your Father, God the Father. A fish or a crocodile is not God. No one except the Father can explain these things. Achcha.

To the sweetest, beloved, long-lost and now-found serviceable children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Surrender your body, mind and wealth to the Father and become a great donor. Do the service of making others similar to yourself. Remain soul conscious.
- 2. Forget this old world, the land of sorrow, and remember the land of peace and the land of happiness. Never become trapped in any bondage of karma.
- Blessing: May you become an easy yogi by seating the one Dilaram in your heart and thereby become an image that has total attraction.

To give your heart to Dilaram means to make Him sit in your heart. This is called easy yoga. Your head will follow where your heart is. When you have given your head and heart, that is, your awareness, thoughts and powers to the Father, and you belong to Him through your thoughts, words and deeds, then there is no *margin* for you to have any other thoughts or to be attracted by anything else. Dreams are also based on this. When you say, "Everything is Yours", there cannot be any other attraction. You easily become an image that is free from attraction.

Slogan: Have deep love in your heart for the Father and the divine family and you will continue to achieve success.

OM SHANTI